

- Exercise

Before any home learning gets done, it's a good idea to get in some exercise. There are plenty of options for this depending on family circumstances:

Walk the dog for 30 minutes (if you don't have a dog, just walk without one!)

Every morning at 9am, Joe Wicks, the Body Coach, is doing a live workout for kids on his YouTube Channel or choose one of the hundreds of workouts on YouTube.

Cosmic Kids Yoga, GoNoodle is always good fun.

- Core Subjects

English, Gaeilge, Maths

1st to 6th are regularly allocated tasks on Mathletics. These are checked and reviewed daily. Problem solving and reasoning tasks have been allocated to 3rd to 6th. These can be completed on the whiteboard built in to Mathletics or can be explained in Seesaw or by taking a picture of their reasoning and solution and uploading to SeeSaw.

Responses to English and Gaeilge can be written and a photo added to SeeSaw for review or answers can be typed onto a note in SeeSaw.

- Take a movement break between each subject.

- Break Time

Have a snack and try to get outside for some fresh air.

- School on TV

Every day at 11am, RTE2 is showing School on TV. We have requested the weeks' plans from RTE and will post them when we receive them.

- Project Work

This will be allocated through SeeSaw. There will also be extension activities listed on this site and SeeSaw for pupils to do self-guided learning.

- Lunch Time

Take time to sit, relax and eat your lunch. If you make your own lunch or have a recipe to share we'd love to see it.

- Free Time

Formal school work should be finished with for now. Children, of course, can continue with projects or have some downtime or there are a million other suggestions out there. If you are looking for some ideas for activities and games there are some recommended activities to do such as LEGO challenges, various competitions, art projects, podcasts, TV programmes and so on, on this page and on our school Facebook page.